

# Improving Reproductive Health Behaviors among Youth



## PREVENTING HIV/AIDS



Zambian youth exposed to an HIV/AIDS and STI prevention media campaign designed by youth were **1.6 times more likely** to report abstaining from sex and **2.38 times more likely** to have ever used a condom.<sup>1</sup>

## INCREASING KNOWLEDGE

In Burkina Faso, Ghana and Uganda, young people who saw a condom demonstration were **2-5 times** as likely to know how to correctly use a condom as those who did not see a demonstration.<sup>2</sup>



## IMPROVING CONTRACEPTIVE USE

Unmarried youth exposed to community-based interventions promoting condom use in suburban Shanghai, China, were almost **7 times more likely** to use modern contraception and about a third less likely to rely on the withdrawal method.<sup>3</sup>



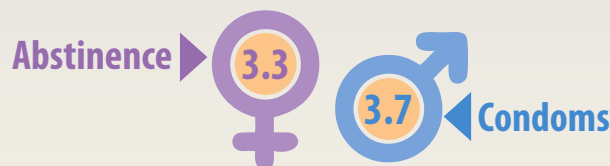
## CHANGING KNOWLEDGE AND ATTITUDES



A program in Colombia that used peer education and classroom sessions conducted by trained teachers led to a **24% increase in knowledge and attitudes** related to HIV/AIDS among youth.<sup>4</sup>

## PRACTICING PREVENTIVE BEHAVIORS

A reproductive health education program for youth in Kenya showed young women were **3.3 times more likely** to adopt secondary abstinence, while young men were **3.7 times more likely** to use condoms.<sup>5</sup>



<sup>1</sup> Reducing the risk of HIV transmission among adolescents in Zambia: Psychosocial and behavioral correlates of viewing a risk-reduction media campaign: <http://www.sciencedirect.com/science/article/pii/S1054139X05001345>

<sup>2</sup> Knowledge of correct condom use and consistency of use among adolescents in four countries in Sub-Saharan Africa: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2367135/>

<sup>3</sup> Long-Term Effects of a Community-Based Program on Contraceptive Use Among Sexually Active Unmarried Youth in Shanghai, China: [http://www.jahonline.org/article/S1054-139X\(07\)00431-4/abstract](http://www.jahonline.org/article/S1054-139X(07)00431-4/abstract)

<sup>4</sup> HIV prevention in Latin America: reaching youth in Colombia: <http://www.tandfonline.com/doi/pdf/10.1080/0954012021000039789>

<sup>5</sup> Behavior Change Evaluation of a Culturally Consistent Reproductive Health Program for Young Kenyans: <http://psrh.org/pubs/journals/3005804.pdf>